

Pastries

Dairy

Cheesecake	2.75
Cheese Danish (Assorted Flavors)	2.75
Sweet Rolls	1.25
Brownies	1.25
Éclairs	2.75
Icicles	1.75
Chocolate Dipped Biscotti	1.75
Russian Coffee Cake	1.85
Chocolate Cream Roll	1.75
Pumpkin Roll	1.75
Cannoli	2.50
Fudge	.75
Poppy Strudel	1.50
Custard Filled Chocolate Cupcake	1.75

Muffins

Apple	1.75
Blueberry	1.60
Blueberry-Cranberry	1.60
Oatmeal	1.60

Beverages

Coffee, Tea, Herbal Tea	1.10	1.65	Juice & Iced Tea	1.35
Flavored Coffee	1.15	1.75	Freshly Squeezed OJ	2.00
Milk (whole, skim or soy)	1.15	1.75	Raspberry-Lime Rickey (seasonal)	2.00
Hot Chocolate (seasonal)	1.15	1.75	Lemonade (homemade, seasonal)	2.00
Mocha (1/2 cocoa, 1/2 coffee)	1.15	1.75	Orangina/Steaz Organic Soda	2.00
Soda		1.35	Odwalla	price as marked

Pareve (No Milk)

Halfmoon (Chocolate or Vanilla Bottom)	1.25
Baklava	.95
Mixed Fruit Strudel	1.50
Mandel Bread	.70
Halvah (8 oz. package)	3.50
Plain Biscotti	1.50
Apple Snack Cake	1.65
Chocolate Chip Cookies	.75
Ginger Snaps	.25

Whole Items:

Cheesecake	21.40
Chocolate Cream Roll	11.60
Apple Snack Cake	19.80
Russian Coffee Cake	22.20
Pumpkin Roll	11.60

Please refer to our Catering Menu for Pastry Platters and other Bulk Order Items.



MENU

Our products are made by hand on the premises, under orthodox rabbinical supervision. We use only natural ingredients and the freshest produce – never any chemicals or preservatives.

*We offer a variety of specials daily.
Please call for information.*

947-1654



Under Orthodox Rabbinical Supervision

HOURS

Monday–Thursday	6 ^{AM} –6 ^{PM}
Friday	6 ^{AM} –5:30 ^{PM}
Saturday	CLOSED
Sunday	6 ^{AM} –2 ^{PM}

We accept

VISA, MasterCard & Discover

www.downtownme.com/bagelcentral

Bagel Varieties

.75 ea | \$3.50 1/2 dozen | \$7.00 dozen

Raisin-Cinnamon	Sesame-Water
Plain	Onion
Sesame	Garlic
Poppy	Salt
Herb	Apple-Cinnamon
Blueberry	Everything
Marbled Rye	Whole Wheat
Water	Sunflower

Bagel Toppings

Toasting is .25 extra

Low Fat Cream Cheese	\$1.65
Vegetable Cream Cheese (<i>low fat</i>)	1.90
Plain Cream Cheese	1.65
Scallion Cream Cheese	1.80
Green Olive Cream Cheese	1.90
Raspberry Cream Cheese (<i>low fat</i>)	1.90
Strips of Nova & Cream Cheese	4.50
Hungarian Cream Cheese	2.00
Sun-dried Tomato Herb Cream Cheese	2.00
Homemade Hummus	1.90
Lox Spread	2.00
Tofu (<i>non dairy</i>)	1.90
Honey Butter	1.65
Peanut Butter	1.30
Butter or Margarine	1.30
Honey	1.30
Extras:	Tomato .50
	Onion .50
	Lettuce .50

SPREADS are available in bulk sizes also: 1/4 pint, 1/2 pint, 1 pint. Prices differ with flavor.

Bread Varieties

Marbled Rye	\$3.00
French	3.00
Seven Grain	3.75
Plain Challah	3.75
Raisin-Cinnamon Challah	3.75
Bialys – 1/2 dozen	3.50
Buckwheat	3.75
Braided Rolls – 1/2 dozen	3.50

Breakfast Dishes *served all day*

Omelets – served with choice of bagel & cream cheese

One Egg	\$3.25
Two Eggs	3.75
Two Egg Omelet	4.50

with one of the following: onions, cheese, herbs, scallion cream cheese, mushroom, green pepper, black olives, tomatoes

Lox & Onion	5.25
Yolkless Egg	3.75

Spinach & Feta Cheese 5.25

Combine ingredients to make your own omelet.

Egg Special – two eggs, bagel, cream cheese & oatmeal pancake 4.75

French Toast Plain/Cinnamon 4.25

Half French Toast 3.50

Yolkless French Toast 4.25

Grilled Cheese French Toast 5.25

Bagelwich – eggs & cheese served on a bagel 4.25

Lox & Onion Bagelwich – served on a bagel with cream cheese 4.95

Oatmeal – with raisins, cinnamon, brown sugar and a side of milk 2.50

Whole bowl 2.50 **Half bowl** 1.95

Oatmeal Pancakes

1 Pancake 1.00

2 Pancakes 1.75

Breads of the day...

Mon – Buckwheat
Tue – Seven Grain
Wed – Onion Bialys
Thu – French/Challah
Fri - Challah

Because our products are handmade, not all of our menu items are available at all times. Please ask.

Deli Sandwiches

Served on a bagel, bread of the day, or a soft white roll. All sandwiches served with cole slaw, potato, or pasta salad, pickle, mustard, mayonnaise, ketchup, or Russian dressing.

Chopped Liver	Roast Beef (<i>hot or cold</i>)	Turkey Breast
Corned Beef (<i>hot or cold</i>)	Salami	Smoked Turkey Breast
Hot Pastrami	Hard Salami	Knockwurst (<i>whole only</i>)
Turkey Pastrami		

Whole 5.25 **Half** 4.25

Whole 5.75

Tongue (*hot only*)

Extras Sauerkraut .50 | Tomato .50 | Onion .50 | Lettuce .50

House Favorites *contain dairy*

Pizza Bagel
with black olives or mushrooms 4.25

Eggplant Sandwich
Whole 5.00 **Half** 3.75

Eggplant Parmesan Plate 4.95
with garlic bagel

Melted Cheese Bagel 4.75
with tomato & onions

Tuna Salad Sandwich 5.25
with side salad

Tuna Melt 5.25
with cheese, onions, & tomatoes

Vegetarian
cheese, tomatoes, onion, pickles, sauerkraut, mustard & side of green olives
Whole 4.75 **Half** 3.75

Mediterranean Sandwich
olive oil, tomatoes, onion & feta cheese on toasted French bread
Whole 4.75 **Half** 2.75

Pizza Pot Pie 3.75
sauce, cheese, & vegetables, baked in filo dough crust

Spinach Pie 3.75

Cheese Blintzes 4.25

Grilled Cheese with side salad 4.25

Tuna Burger with side salad 5.25

Soups *available in bowl-size only*

All soups are vegetarian. Some are dairy free – *please ask*

Soup Only 3.00

Soup with Bagel & Butter 4.00

Try your soup in a bread bowl for an additional 1.50

Soups by the Quart 7.00

Choice of Soups

Minestrone	Pumpkin Curry
Pea with Matzo Ball	Salmon Chowder
Mushroom Barley	Gazpacho (<i>seasonal</i>)

Corn Chowder

Creamy Tomato

Creamy Potato Scallion

Black Bean

Sweet Potato Corn Chowder

fat free –
Lentil Vegetable
Vegetable Bean
Cabbage-Vegetable

Side Dishes

Spinach Knish 2.25

Mushroom Knish 2.25

Beef Knish 1.05

Salads

	Small	Large	Quart
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Coleslaw 2.25 3.25 6.50

Potato Salad 2.25 3.25 6.50

Pasta Salad 2.25 3.25 6.50

Fresh Fruit Salad 3.25 4.25 8.50